

Tendring Witch

11:15 Heritage Trail Stop

Visit the sculpted bench and information board near Mistley Quay. Use your phone to unlock augmented reality stories of those affected by the Essex witch trials.

This immersive experience honours lives impacted by persecution and folklore.



Located nearby, is the Swan Fountain which reflects





Old Knobbley.

12:00 a Local Legend

Follow woodland paths to Furze Hill to find Old Knobbley. A much loved 800 year old English Oak Tree with a trunk circumference of about 9.5m and just 4.3m in height.



Lunch at the Mistley thorn

Enjoy award-winning seafood and seasonal dishes in a historic coaching inn. Located opposite the River Stour, it's a perfect spot to relax and take in the views.

Alternatively the wider local area offers a selection of eateries where you can stop for a while and pass the

Scenic Trails É 14:00 Estuary Views

Mistley to Manningtree Circular Walk is a gentle 5km loop through woodland, farmland, and estuary paths which includes Laundry Wood, Furze Hills, and scenic river views.

Look out for wildlife and historic buildings along the way.







Evenings are for Relaxing 16:00

Once you've had time to recharge after a day of exploring, Manningtree offers plenty of inviting spots to unwind. Whether you're sipping wine at the local wine bar or relaxing in a cosy pub, the evening atmosphere is perfect for slowing down and enjoying the charm of this riverside town.