

# Frinton

## ITINERARY



**09:30**

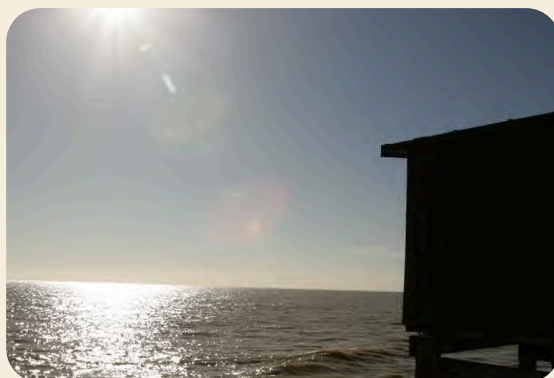
*Morning Coffee &  
Connaught Avenue*

Start your day with a stroll down Connaught Avenue, often called the “Bond Street of East Anglia.” Browse independent shops, pick up a pastry, and enjoy a coffee at one of the charming cafés.

**10:30**

*Beach Walk  
& Beach Huts*

Take a leisurely walk along the promenade. Admire the iconic and colourful Victorian-style beach huts whilst breathing in the fresh sea air. If the tide's out, enjoy a paddle or a barefoot wander along the sand.



**12:00**

*Picnic with a View*

Pack a picnic to enjoy on the Greensward and admire the stunning sea views, or stop by a local eatery for a relaxed midday meal many of which feature locally sourced ingredients. Cool off with a visit to the classic seaside ice cream parlour. Expect generous scoops, nostalgic flavours, perfect for a mid-afternoon pick-me-up.

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**13:30**

*Explore Local History*

Visit St Mary the Virgin Church, a peaceful historic site with parts dating back to the 14th century. Then take a short walk to admire The Round House, Frinton's striking Art Deco residence, a local landmark and a favourite among architecture enthusiasts.

**16:00**

*Coastal Walk or Golf*

Take a scenic walk along the coast towards Walton-on-the-Naze, or if you're a keen golfer, enjoy a round at the Frinton Golf Club, one of the oldest in Essex.



**18:00**

*Sunset & Dinner*

End your day with a peaceful moment watching the sunset over the sea, followed by dinner at a cosy local restaurant or pub, followed by an evening performance at the Frinton Summer Theatre, a beloved seaside tradition, and one of the UK's longest-running repertory theatres.